



LITTLE RESCUERS





A NOTE FROM THE FOUNDER:

Little Rescuers is a dedicated, specialised children's First Aid programme, driven by my passion as a **paramedic** and a **parent** to empower all children with the confidence to be able to help their Family or Friends in an emergency situation.

Since launching in May 2016 we have worked with over 2000 children, to deliver a programme of enrichment and development to Early Years, KS1 and KS2 children.

Based on both my academic knowledge and practical experience in both Child Development and Paramedic Science, along with input from a qualified teacher and child care professionals, Little Rescuers was designed and implemented in the UK.

Let's work together to create a nation of 'Little Rescuers' today, who will grow to be a Nation of 'Big Rescuers' tomorrow.

Caroline Davies

LITTLE RESCUERS TEAM:

All of the Little Rescuers team are from either a healthcare or education/childcare background to ensure quality and consistency throughout.

SKILLS, VALUE AND ENRICHMENT:

NEURAL PATHWAY DEVELOPMENT:

We know that children initially learn through senses, and later on in life through language, logic and reasoning. It is because of this that Little Rescuers courses are sensory based.

Eg: Our tactile Heart that can be made to beat, the sensation of the “skin” and the feeling of the “electricity” as it flows through the “veins”.

FINE AND GROSS MOTOR SKILLS:

It is vitally important that children can practice and develop these skills in early years and beyond. Little Rescuers ensures to engage children in these movements throughout.

Eg: FMS- We use shapes and objects to make body parts, we arrange and stack numbers to find the important ones and we use giant life-sized puzzles to understand our bodies and how to help others.

Eg: GMS- We are constantly active during Little Rescuers. We play games to incorporate jumping, hopping, throwing and catching and even pushing and pulling motion with CPR.





SKILLS, VALUE AND ENRICHMENT:

PLAY-BASED ACTIVITIES:

Little Rescuers is committed to play based learning activities throughout all classes and the use of movement, drama, play, dance, singing, puppetry and creativity are embedded into the programme to create optimal learning capacity.

EXPERIENTIAL LEARNING:

Learning through 'doing' and then reflecting on this is a key part of the Little Rescuers ethos. We find that this builds children's confidence and is beneficial to their emotional and social development and to help promote a positive sense of self.

TEAM-WORK:

Little Rescuers is focussed on team-work and helping each other in all situations. In the sessions children are given the chance to build and enhance their relationships with one another and develop their social skills.

RESILIENCE AND AGENCY:

Little rescuers gives children the opportunity to develop their resilience and build upon their own agency through decision-making and understanding their role in an otherwise 'adult' world.

SUCCESS STORY:

“A young pupil in our school was getting ready to go to school with her Mum, when her Mum fell landing on the floor unconscious. Alice immediately got her Mum’s mobile phone out and dialled her father’s number to ask for his help, watching her Mum closely throughout. Her father was immediately able to ensure that her mother was attended to.

When she was asked how she managed to stay calm and knew what to do, she replied that she had learned what to do at the Little Rescuers Club in school with Caroline Davies.”

*Catherine Craig, St Godric's RC Primary School
Framwellgate Moor, Durham*



NURSERY TESTIMONIAL:

“If you are looking for a fun, interactive, educational workshop for children in your Early Years settings then I would highly recommend Caroline’s Little Rescuer’s course. Caroline was able to create a package that was right for our children and fit it in with our topic and learning objectives. Many times in the past, we have had people leading workshops who do not quite understand the needs of young children but Caroline’s methods of delivery and course content meant that all of our children in both Nursery and Reception were highly engaged for a full hour.

Many of our children have English as an additional language and we also had children within the group with SEN, Little Rescuers was able to fully cater for all of the children’s needs. The children loved the workshops and our parents reported that the children had been able to talk at length about what they had learned at home. My head teacher even went on to book Caroline to work with our children in Key Stage One during Health and Safety Week. Keep up the good work Caroline!”

Helen Allison (Christ Church CE Primary School, Shieldfield Green, Newcastle-Upon-Tyne)

SCHOOL TESTIMONIAL:

“The sessions delivered by Caroline are fun and informative. They give the children the correct amount of information needed to help give first aid. They also include knowledge about bones and the heart etc. The children love how active and hands on the sessions are. They learn in many different ways such as doing and singing. The post code song is very catchy and easy for the children to remember.

Caroline repeats some of the activities so that children remember and learn the vital information. The characters are very likeable and the children like to help them with their dilemmas. The props are also used well and informative to enhance the learning further. Overall, an invaluable activity where children learn how to cope with danger and when someone is hurt.”

Jessica Butler (Carville Primary School, Wallsend, Tyne and Wear)



PARENT TESTIMONIAL:

“I just wanted to contact you to say thank you very much for the classes at my daughters nursery, Kindercastle in Tynemouth. My daughter, Phoebe has absolutely loved it and has been showing off her new skills to anyone who comes to the house – putting them in the recovery position and demonstrating how to do chest compressions to the song Nelly the Elephant.

She has come on leaps and bounds this term at nursery and the Little Rescuers sessions have really sparked an interest in her. She frequently asks me questions about her brain, blood and bones! We have been trying to teach her our address and the song from the class has really helped with this. She now knows our house number, street, village and postcode. She also still talks about you – you made quite an impression on her!”

Cassie Rushton (Parent from Kindercastle Nursery, Tynemouth, Tyne and Wear)

REPUTABLE BRAND:

BBC 1:

In January 2017 Little Rescuers was featured on BBC 1 promoting the importance of First Aid and Life Saving skills being taught to children.

BBC RADIO:

A Little Rescuers session and interview was broadcast in September 2017.

INTERNATIONAL:

We are currently in talks with a British Education company who have a number of Pre-Schools in China, to enable us to reach children both Nationally and Internationally.



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